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the woman s herbal apothecary is every woman s lifelong guide to herbal remedies for common health concerns novice herbalists and advanced practitioner s alike will learn how to naturally treat the complete spectrum of women s concerns including preventative self care life transitions and common feminine ailments learn how to prevent soothe and heal without resorting to medical remedies which are often harsh costly and include unpleasant side effects the woman s herbal apothecary contains 200 natural remedies covering the topics of menses pregnancy menopause aging fibroids bladder infections and low libido among others the book is conveniently divided into the major cycles of a woman s life pre childbirth reproductive years menopause and beyond each section discusses specific physical complaints and how to treat them you will learn which herbs are the most helpful for each phase of life and which are contraindicated or to be avoided master herbalist and naturopathic doctor jj pursell provides her own herbal solutions and diy herbal remedies the concluding section is divided by specific common health issues in women such as cardiac disease thyroid disease and adrenal dysfunction with the woman s herbal apothecary in hand you are on your way to healing hormone balance beauty longevity and calm the natural way

use herbal medicines to treat women at any stage of life botanical medicine for women s health 2nd edition provides an evidence based patient centered approach to botanical interventions for many different medical conditions more than 150 natural products are covered showing their benefits in gynecologic health fertility and childbearing and menopausal health this edition includes new full color photos of herbal plants along with a discussion of the role of botanicals in healthy aging written by aviva romm an experienced herbalist midwife and physician this unique guide is an essential resource for everyday practice of herbal medicine winner of the 2010 american botanical council s james a duke excellence in botanical literature award current evidence based information covers more than 150 botanicals for over 35 different conditions case studies provide realistic scenarios and help you apply the content to the real world treatment and formula boxes summarize the most important information color illustrations and photographs of plants enable you to identify herbs visually as well as by substance make up logical chapter organization begins with the principles of herbal medicine and then covers women s health conditions organized chronologically by lifecycle from teen and reproductive years to midlife and mature years appendices include practical at a glance information on common botanical names chemical constituents of medicinal plants and a summary table of herbs for women s health new updates reflect the latest research and the most current information new full color design and detailed professional color photos of plants make this a unique essential resource new coverage of the role of botanicals in healthy aging for women features phytoestrogens ayurvedic chinese herbs and discussions of health promotion

artificial intelligence and machine learning for women s health issues challenges impact and solutions discusses the applications challenges and solutions that machine learning can bring to women s health challenges this book illustrates advanced innovative techniques frameworks concepts and methodologies of machine learning which enhance the future healthcare system this book s primary focus is on women s health issues and machine learning s role in providing solutions to these challenges providing novel ideas for feasible implementation it also provides an early stage analysis for early diagnosis of women s health issues provides fundamental concepts and analysis of machine learning algorithms used to aid in the diagnosis of women s health issues guides researchers to specific ideas tools and practices most applicable to product service development innovation problems and opportunities provides hands on chapters that describe frameworks applications best practices and case studies of future directions of applied machine learning in women s healthcare

in a work of staggering beauty and immense learning rosenblum presents a comprehensive history of women s accomplishments in photography around the world and throughout the entire history of the medium from the mid 1800s to the present she explores the work of some 240 photographers from anna atkins julia margaret cameron and frances benjamin johnston to tina modotti lisette model margaret bourke white louise dahl wolfe susan meiselas and cindy sherman includes 263 photographs 30 in color extensive bibliography annotation copyright by book news inc portland or

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