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Health Benefits of Mediterranean DietHealthEsquireCountry HomeMuscular Contraction and the Reflex Control of MovementMitochondria: the cell powerhouse and nexus of stressGlamourPeopleBetter Homes and GardensSelfBon AppétitAction Mechanisms of Traditional Medicinal Plants used to Control Type 2 Diabetes or Conditions of Metabolic SyndromeRosieGood HousekeepingThe Ladies' Home JournalAllureDUECRControl and ComputersMeasurement and ControlFemina Giuseppe Grosso John Farquhar Fulton Sabzali Javadov Mohamed Eddouks A. Fiechter

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growing evidence shows that a dietary pattern inspired by mediterranean diet principles is associated with numerous health benefits a mediterranean type diet has been demonstrated to exert a preventive effect toward cardiovascular diseases in both mediterranean and non mediterranean populations part of these properties may depend on a positive action toward healthier metabolism decreasing the risk of diabetes and metabolic syndrome related conditions some studies also suggested a potential role in preventing certain cancers finally newer research has showed that a higher adherence to the mediterranean diet is associated with a lower risk of cognitive decline depression and other mental disorders overall a better understanding of the key elements of this dietary pattern the underlying mechanisms and targets are needed to corroborate current evidence and provide insights on new and potential outcomes this special issue welcomes original research and reviews of literature concerning the mediterranean diet and various health outcomes observational studies on established nutritional cohorts preferred case control studies or population sample on the association with non communicable diseases level of evidence on the association with human health including systematic reviews and metaanalyses evaluation of application of mediterranean diet principles in non mediterranean countries description of

mechanisms of action pathways and targets at the molecular level including interaction with gut microbiota

this book includes a valuable and extensive bibliography with historical introduction on pages 3 44 it is a detailed study of the physiology of skeletal muscle

mitochondrion a sub cellular organelle originated from primary endosymbiosis plays a vital role in energy metabolism of eukaryotic cells the transfer of electrons through the electron transport chain etc to molecular oxygen accompanied by the extrusion of protons from the matrix generate an electrochemical gradient across the inner mitochondrial membrane imm that is used for atp synthesis by oxidative phosphorylation despite many aspects of atp synthesis have been delineated regulatory mechanisms responsible for energy synthesis and transfer still remain to be uncovered in addition to energy function mitochondria play a crucial role in cell metabolism under both physiological and pathological conditions through their participation in many intracellular signaling pathways studies over the last 30 years provide strong evidence that mitochondria are the nexus of various stresses which initiate cell death through apoptosis oncosis necrosis and autophagy depending on the severity of the stress and cellular energy status the release of several pro apoptotic proteins such as cytochrome c smac diablo aif endonuclease g from intermembrane space initiates both caspase dependent and caspase independent apoptosis the formation of the mitochondrial permeability transition pore in the imm promotes cell death mostly through necrosis whereas a mild stress activates autophagy due to their critical roles in both cell death and survival mitochondria have been widely considered as an important target for various pharmacological and conditional therapeutic approaches currently a large number of mitochondria targeted agents are suggested to prevent in ischemia reperfusion injury cardiovascular neurodegenerative and other diseases or stimulate in various cancers cell death this research topic focuses on the role of mitochondria in the regulation of cell metabolism and signaling under physiological and pathological conditions studies performed on cultured cells and isolated organs tissues using different animal and cellular models of various diseases are also included and discussed

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