

Antidepresivos

Hablemos de los psicofármacos Toxicología clínica Bulletin of the World Health Organization Fármacos antidepresivos Antidepressants Making Sense of Antidepressants THE Antidepressant SOURCEBOOK Manual clínico de los antidepresivos Manual de prescripción de antidepresivos Antidepresivos Asociaciones de antidepresivos Manual clínico de los antidepresivos Manual de prescripción de antidepresivos (2a Ed) David López Gómez Enrique Paris Mancilla World Health Organization Enrique Alvarez Matthew Macaluso Katherine Darton ANDREW L. MORRISON, M.D. Victor R. Uriarte Bonilla Rafael J. Salín Pascual Stephen M. Stahl Grupo para el Estudio de las Asociaciones de Antidepresivos Víctor Uriarte Bonilla Rafael J. Salin Pascual

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qué son realmente los psicofármacos para qué sirven cómo actúan y qué efectos secundarios tienen quién no ha tomado alguna vez un psicofármaco y sin embargo quién no alberga algún prejuicio sobre ellos sobre quienes los toman o sobre los médicos que los prescriben la enfermedad mental no es consecuencia de malas decisiones ni de una personalidad débil la voluntad los cambios de hábitos y el mensaje de determinación de tú puedes que se utilizan para mejorar el bienestar emocional no son suficientes para tratar un trastorno mental en estos casos los tratamientos disponibles son la psicoterapia y la medicación los cuales se complementan muy bien como afirma el doctor david lópez en esta guía divulgativa sobre los tratamientos farmacológicos en salud mental con rigor y estilo divulgativo desde su experiencia clínica como psiquiatra y psicoterapeuta el autor despeja muchas dudas acerca de los cinco grandes grupos de psicofármacos ansiolíticos antidepresivos estimulantes antipsicóticos y estabilizadores del estado de ánimo además

explica con claridad en qué situaciones está indicada la medicación y en cuáles es más apropiada la psicoterapia o la combinación de ambos tratamientos la crítica ha dicho por fin una reveladora mirada holística y humanizada de los psicofármacos José Luis Carrasco

una herramienta esencial para los profesionales de la salud que enfrentan emergencias toxicológicas desarrollado con información actualizada del centro de información toxicológica de la Pontificia Universidad Católica de Chile toxicología clínica ofrece una guía detallada para el manejo de pacientes intoxicados desde el diagnóstico hasta el tratamiento específico de los agentes tóxicos más prevalentes en Chile medicamentos drogas de abuso productos químicos metales pesticidas y especies peligrosas de flora y fauna son analizados en profundidad con especial énfasis en su impacto clínico y en las mejores estrategias terapéuticas esta tercera edición actualizada incorpora nuevos capítulos sobre intoxicaciones por aripiprazol domperidona y metoclopramida montelukast fragata portuguesa y nuevas sustancias psicoactivas como las fenetilaminas y el MDMA dirigido a médicos enfermeros toxicólogos y otros profesionales de la salud este libro combina rigurosidad científica con un enfoque práctico consolidándose como un recurso clave para mejorar la respuesta clínica ante intoxicaciones en los ámbitos hospitalario y prehospitalario

this volume reviews the known neurobiology of depression and combines classic data on antidepressant treatments with modern theory on the physiology of depression it also discusses novel mechanism of action drugs

la complejidad del uso de antidepresivos los excelentes resultados obtenidos en el tratamiento de este trastorno y de otras patologías la seguridad en casos de sobredosis de los nuevos antidepresivos la gran cantidad de pacientes que padecen este trastorno y la frecuencia con que visitan a los médicos no psiquiatras por quienes son diagnosticados y tratados con frecuencia equivocadamente obligaron al autor a realizar la presente obra con el fin de clarificar el uso de este extenso grupo de medicamentos y facilitar con conocimientos actualizados la prescripción de estos fármacos que cada vez son más utilizados en todo el mundo por otro lado algunos profesionistas que no están muy enterados de la farmacología repiten equívocos que se mencionan en los medios masivos de comunicación como el hecho de que estas sustancias provocan farmacodependencia tienen muchos efectos colaterales y no se puede vivir sin ellas entre otros errores lo cual desconcierta a la población necesitada de tratamientos verdaderamente útiles hay que tomar en cuenta que la depresión es una de las enfermedades que más incapacidad causan a pesar de su aparente benignidad y del error de pensar que echándole ganas o encontrando problemas psicológicos ocultos se puede eliminar también es cierto que se ha exagerado la capacidad antidepresiva de estos fármacos ya que en muchos casos por más que se administren no se logra controlar el trastorno sin embargo por el momento constituyen el tratamiento más barato seguro y con los mejores resultados en especial cuando se trata de una depresión grave o psicótica según los diversos estudios únicamente 10 de los

pacientes que padecen depresión son tratados con procedimientos terapéuticos que han mostrado efectividad bajo un diseño científico apropiado al resto 90 se les aplican desde vitaminas y analgésicos hasta tratamientos mágicos y psicoterapias prolongadas e inútiles no obstante no hay que olvidar que las psicoterapias modernas como la cognitivo conductual e interpersonal sí han demostrado capacidad terapéutica en este trastorno

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