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nociones de salud pública es una obra consolidada como referente en el panorama hispanohablante su sistematización aparente sencillez no exenta de rigor y su intención integradora sobre la extensa nómina de cuestiones abordadas por la salud pública se materializa en un serio ejercicio de síntesis capaz de ser útil a los estudiantes de las profesiones sanitarias de pregrado o que preparan oposiciones tiene un carácter enciclopédico que sin duda será útil tanto a los estudiantes mencionados como a sus profesores educadores periodistas y por supuesto a todas las personas que quieran comprender la extraordinaria fuerza transformadora para la sociedad contenida en la salud pública

la nueva edición del tratado de cirugía general es la obra oficial de la asociación mexicana de cirugía general y ha sido completamente renovada desde el título pues ahora la conoceremos como nuevo tratado de cirugía esta edición incluye los temas más actuales y relevantes tanto para el especialista en formación como para el profesional que requiere actualizarse o prepararse para la certificación en cirugía además esta nueva edición cuenta con una estructura por competencias con unidades coloreadas en el canto para su rápida identificación en la versión impresa así como un orden por año de formación para la residencia en cirugía general un total de 367 capítulos con los temas más relevantes de las ciencias quirúrgicas así como tópicos innovadores de acuerdo con el encuentro nacional del cirujano de la amcg y los mejores programas de residencia en cirugía general de todo el mundo más de 30 áreas referentes de cirugía general altas especialidades y subespecialidades quirúrgicas diseñadas por expertos renombrados y certificados en estas áreas incluye la revisión de más de 50 competencias profesionales disciplinares transversales y actitudinales esenciales para la formación y desarrollo de cualquier residente o profesional en cirugía más de 400 cuadros y tablas que resumen lo más importante en criterios lineamientos y recomendaciones nacionales e internacionales lo más reciente en técnicas tecnologías y dispositivos empleados en cirugía más de 1300 figuras y algoritmos que esquematizan técnicas quirúrgicas así como innovadores abordajes diagnósticos y de manejo en más de 500 patologías clínicas este tratado contó adicionalmente con la participación de más de 600 cirujanos expertos en diferentes áreas del conocimiento de las ciencias quirúrgicas tanto nacionales como internacionales quienes aportan al contenido su experiencia estamos seguros de que este nuevo ejemplar se convertirá en una obra indispensable de consulta y referencia tanto para estudiantes profesionales de la salud así como médicos especialistas y afines interesados en las ciencias quirúrgicas

es un hecho constatado que la adopción de estilos de vida saludables alimentación y actividad física es determinante para alcanzar mejores condiciones de salud sin embargo la habilidad para elegir una alimentación saludable es algo que ha de aprenderse lo que hace necesaria la educación nutricional de la población encaminada a instaurar pautas de conducta alimentaria que ayuden al individuo a mantener su salud y su calidad de vida por otra parte y en el momento actual la nutrición está en un primer plano como herramienta para promover y mantener la salud al ser un determinante de enfermedades crónicas que puede ser modificado en este sentido la sociedad dispone de más alimentos de los que le es posible consumir lo que unido a la publicidad imperante sobre supuestos beneficios para la salud de determinados productos hace que la población pueda encontrar dificultades para distinguir recomendaciones válidas de consejos engañosos ante esta situación se debe desde la consulta de enfermería y a través de las actividades de prevención y promoción de la salud llevar a cabo cuidados nutricionales dirigidos a mejorar los hábitos alimentarios y de estilo de vida de la población dado que el pensamiento enfermero considera la alimentación un cuidado básico y un requisito universal necesarios para mantener la salud y la calidad de vida determina la responsabilidad de las enfermeras en la aplicación de cuidados nutricionales en todas las etapas del proceso de atención a las personas este manual nace con el objetivo de servir de punto de referencia y de consulta para aquellas enfermeras interesadas en aplicar cuidados nutricionales basados en la evidencia científica así como para proporcionar respuestas sobre preguntas de investigación sobre un cuidado transversal a cualquier ámbito de atención enfermera como son los cuidados nutricionales escrito por enfermeras expertas en cuidados nutricionales con una amplia trayectoria tanto asistencial como docentes gestoras e investigadoras y pertenecientes a adenyd sociedad científica en la que algunos de sus fines son fomentar el conocimiento científico en nuestro ámbito de competencias impulsar la salud a través del adiestramiento nutricional actuar como agentes de cambio hacia una alimentación sana y sostenible establecer el cribado nutricional en todos los niveles asistenciales y garantizar la administración eficaz de la nutrición artificial todos ellos tratados en este manual

el contenido de la obra se organiza en 17 capítulos y un glosario escritos por especialistas en cada materia se facilita a través de un sencillo índice la localización de los temas para una mayor rapidez de consulta el libro también incluye casos prácticos a través de audiovisuales que se pueden ver desde su smartphone o tablet utilizando códigos qr que se incluyen en aquellos capítulos donde por su complejidad se ha incorporado un vídeo práctico permitiendo complementar la información con un interesante material audiovisual la obra está dirigida por José Antonio Forcada actual presidente de la asociación nacional de enfermería y vacunas anenvac y eladio Joaquín Collado vicedecano de la facultad de ciencias de la salud de la universitat Jaume I de Castellón y del director del proyecto cuidados y salud unidad predepartamental de enfermería sin duda con la elaboración de este manual queda de manifiesto el papel relevante de la enfermería en el ámbito de los centros sanitarios y en la salud pública el contenido de este libro contará con el aval de las sociedades científicas relacionadas con la enfermería

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